

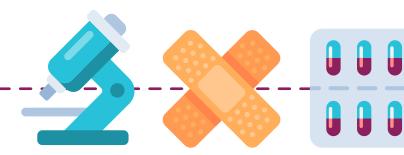


### MINIMUM ESSENTIAL COVERAGE PLANS

Affordable coverage options designed to promote the health of your employees & their families.

MECMEC+







Carepath Benefits is pleased to offer four affordable Minimum Essential Coverage (MEC) plans that cover all the bases for preventive and wellness services but also go a step further, offering limited outpatient and inpatient medical benefits to give employers maximum flexibility in addressing costs and plan benefits while still prioritizing employee health. These value-based MEC plans offer an additional layer of tangible medical-related benefits for employees - in categories that they will appreciate!



# Affordable, Flexible, and ACA-Compliant **MINIMUM ESSENTIAL COVERAGE & MORE!**

Since provisions of the Affordable Care Act (ACA) were implemented in 2016, employers with 50 or more full-time (or equivalent) employees are required to provide at least a Minimum Essential Coverage group health benefit plan to avoid the \$2,000 per employee penalty (indexed for inflation) for

non-compliance. Carepath Benefits offers four MEC plan designs to meet the minimum essential coverage required services for employers in search of an affordable, ACAcompliant solution. Our MEC plans provide employers with an expanded set of options with regards to ACA-compliance. If you offer our MEC plans alongside a major medical plan that meets the requirements for Minimum Value, you can also eliminate the possibility of the \$3,000 penalty (indexed for inflation) in the event that an eligible employee purchases insurance through the Marketplace.



## FEATURED PLAN DESIGNS

	MEC
64 Preventive & Wellness Services	${\boldsymbol{ \oslash}}$
Telemedicine Services	$\odot$
Primary Care Office Visit Copay	$\oslash$
Specialist Office Visit Copay	$\oslash$
Outpatient Services	$\oslash$
Emergency Services	$\oslash$
Inpatient Services	$\oslash$
Rx Drug Benefits	$\oslash$

COVERED SERVICES



**Carepath's MEC Plans** meet the criteria for preventive and wellness services as designated by the Centers for Medicare and Medicaid Services (CMS) by offering the following covered benefits:

# 15 COVERED PREVENTIVE SERVICES FOR ADULTS (AGES 18 AND OLDER)

- 1. Abdominal Aortic Aneurysm
- 2. Alcohol Misuse
- 3. Aspirin for CVD
- 4. Blood Pressure
- 5. Cholesterol
- 6. Colorectal Cancer
- 7. Depression Screening
- 8. Type 2 Diabetes Screening

- 9. Diet Counseling
- 10. HIV Screening
- 11. Immunizations
- 12. Obesity Screening
- 13. Sexually Transmitted Infection (STI) Prevention Counseling
- 14. Tobacco Use Screening
- 15. Syphilis Screening

### 23 COVERED PREVENTIVE SERVICES FOR WOMEN (INCLUDING PREGNANT WOMEN)

- 1. Anemia Screening
- 2. Bacteriuria urinary tract infection screening
- 3. BRCA Counseling
- 4. Breast Cancer Mammography
- 5. Breast Cancer Chemoprevention Counseling
- 6. Breastfeeding Support / Counseling
- 7. Cervical Cancer Screening
- 8. Chlamydia Infection Screening
- 9. Contraception (FDA Approved)
- 10. Domestic and interpersonal violence screening
- 11. Folic Acid Supplements

- 12. Gestational diabetes screening
- 13. Gonorrhea Screening
- 14. Hepatitis B Screening
- 15. Human Immunodeficiency Virus (HIV) Screening
- 16. Human Papillomavirus (HPV) DNA Test
- 17. Osteoporosis Screening
- 18. Routine prenatal visits
- 19. Rh Incompatibility Screening
- 20. Tobacco Use Screening
- 21. Sexually Transmitted Infections (STI) Counseling
- 22. Syphilis Screening
- 23. Well-woman visits

#### 26 COVERED SERVICES FOR CHILDREN (UNDER 26 YEARS OLD ON PARENT'S PLAN)

- 1. Alcohol and Drug Use Assessments
- 2. Autism Screening
- 3. Behavioral Assessments
- 4. Blood Pressure Screening
- 5. Cervical Dysplasia Screening
- 6. Congenital Hypothyroidism Screening
- 7. Depression screening
- 8. Developmental Screening / Surveillance
- 9. Dyslipidemia Screening
- 10. Fluoride Chemoprevention Supplements
- 11. Gonorrhea Preventative Medication
- 12. Hearing Screening for Newborns
- 13. Height, Weight and

- Body Mass Index Measurements
- 14. Hematocrit or Hemoglobin Screening
- 15. Hemoglobinopathies or Sickle-Cell Screening
- 16. HIV Screening
- 17. Immunizations
- 18. Iron supplements
- 19. Lead Screening
- 20. Medical History throught Developmental Ages
- 21. Obesity screening and Counseling
- 22. Oral Health Risk Assessment
- 23. Phenylketonuria (PKU) Screening
- 24. Sexually Transmitted Infection (STI) prevention counseling
- 25. Tuberculin Testing
- 26. Vision Screening

#### IMPORTANT NOTES:

1) Plan participants must see a doctor within the PHCS PPO Network in order to be covered for the preventive services listed as part of the covered benefits summary. 2) All Mammography and Colonoscopy Screening require pre-certification.



In addition to the Preventive & Wellness covered services, our plans offer the following covered benefits:

BENEFITS	MEC
Preventive & Wellness Services	100% Coverage * **
Physician Office Visits	
Primary Care Office Visit	Not Covered
Specialist Office Visit	Not Covered
Physician & Surgeon Professional Services	Not Covered
Anesthesia Professional Services	Not Covered
Telemedicine Consultations	Included, \$0 Copay
Outpatient Lab	Not Covered
Outpatient Radiology & Imaging	
Physician Office/Freestanding Imaging Ctr.	Not Covered
Hospital Outpatient	Not Covered
Outpatient Rehab & Therapy	Not Covered
Allergy Treatment	Not Covered
Emergency Services	
Hospital ER (Facility Charge Only)	Not Covered
Urgent Care / ER Professional Services	Not Covered
Ambulance	Not Covered
Air Ambulance	Not Covered
Outpatient Surgical Procedures	
Physician Office / Freestanding Surgery Ctr.	Not Covered
Outpatient Hospital	Not Covered
Inpatient Hospitalization	
Medical Facility Services	Not Covered
Prescription Drug Benefits	Not Covered
COBRA Administration	Not Covered
PPO Network	PHCS *

\* (Plan participants must see a doctor within the PHCS PPO Network in order to be covered for the benefits and services listed as part of the covered benefits summary

\*\* (All Mammography and Colonoscopy Screening require pre-certification.)

## MEC PLAN PRICING

Carepath's MEC Plans are affordable -- priced with maximum flexibility in mind.

The below provides you with a side-by-side comparison of our offering based on region:

Monthly Plan Pricing	Employee Contribution	Employer Contribution	Total Cost
Region A (AK, CT, NJ, NY, PA)			
Employee	<b>\$0.0</b>	\$73.03	\$73.03
Employee+ Spouse	\$57.42	\$73.03	\$130.45
Employee+ Child(ren)	\$111.67	\$73.03	\$184.70
Employee+ Family	\$165.90	\$73.03	\$238.93

<b>Bi-weekly Plan Pricing</b>	Employee Contribution	Employer Contribution	Total Cost
Region A (AK, CT, NJ, NY, PA)			
Employee	\$0.0	\$33.71	\$33.71
Employee+ Spouse	\$26.50	\$33.71	\$60.21
Employee+ Child(ren)	\$51.54	\$33.71	\$85.25
Employee+ Family	\$76.57	\$33.71	\$110.28

\*\* IMPORTANT NOTE: For AK, AR, CA, CO, CT, DE, FL, KY, MD, MN, NC, ND, NJ, NY, PA, TN, and UT -

Specific minimum participation requirements apply. Groups in these states must be pre-approved to confirm compliance with state-specific requirements for aggregate attachment points. Region A rates are not final until written confirmation of state-specific compliance. Contact a Carepath Benefits Sales Representative for more details.

Carepath Benefits's products are designed with maximum flexibility in mind, utilizing a level-funded reinsurance platform that differs from traditional self-funded insurance. Our plans are 'level-funded' meaning that by design, any risk to the sponsoring employer has been removed through re-insurance coverage to protect the employer from liability for claims incurred.

The outlines represented herewithin are intended as a brief overview of the actual plan and represent innetwork benefit levels. No benefits are payable for non-network services. Please refer to the Summary Plan Document (SPD) for the actual benefits, limitations, and exclusions. Certain procedures require precertification prior to scheduling in order to qualify for benefits. Failure to do so will result in penalties and/ or non-coverage of services.

Plan rate schedule effective 1/1/21 through 12/31/21.



COMPLETE INFORMATION ON ALL PAGES. SIGN AND DATE LAST PAGE.



#### Section 1 – Employee Information

Full Name of Employee			Gender	🗌 M 🔲 F	Marital Status	
Residence Address	ence Address		State		Zip	
Telephone Number (include area c	ode)	Best Time to Contact (if additional information is required by administrator)		Email Address		
Date Began Full Time (mm/dd/yy)	DOB (mm/dd/yy)	Height	Weight		Social Security Number	
Employed By State Security Agency	Employer's Phone (includ <b>718-268-8080</b>	le area code)	Avg. No. Ove	. of Hours Worked <b>er 32 hours</b>	d Weekly	
Employer's Location – Street Addre 70-21 Austin St. 3rd FL	ess	City Forest Hills	State <b>NY</b>		<sup>Zip</sup> 11375	
Occupation and Duties						
l am an owner, partner or c	orporate officer	l am <b>NOT</b> an owner, part	tner or co	rporate officer		
I Am Enrolling For:	Self Only	Self & Spouse	Self & Child(ren)		Self, Spouse & Child(ren)	
EMPLOYEE WAIVER						
I am <b>NOT</b> enrolling because:	Medic	are	O	ther (explain)		
COBRA from previous employe	r Enroll	olled in Medicaid		Participating	in Parent's plan	
Coverage does not meet my ne	eds Keepi	ng own insurance		Participating	in spouse's plan	
Do not want to be Insured	Participating in Domestic Partner's Plan		Covered under union labor health Plan an VA Eligibility			
DEPENDENT WAIVER						
If you have dependents (spouse an	d/or children) and are not	enrolling <b>ALL</b> of them, please cor	nplete th	e following:		
I am NOT enrolling my (check one of	or both): 🗌 Spouse			Child(ren) (chec	k one)	
Because:	Covered by	another group/individual health	plan. 🗌 Other <i>(explain)</i>			

I understand I have the right to enroll my dependents at this time. I am voluntarily declining to enroll my dependents and have not been induced or pressured by anyone to decline such coverage. I understand that, if I do not enroll my dependents at this time, and they do not have other qualifying coverage, their right to enroll in the future may be restricted.

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#### Section 1 – Employee Information (cont'd)

PARTICIPANT INFORMATION - Complete for each person to be enrolled (use additional sheet if necessary).

Name of Participants	Relationship	Sex	Height	Weight	Date of Birth	SSN
1.						
2.						
3.						
4.						
5.						

#### PLAN SELECTION -

#### Section 2 – Other Coverage

Dov	vou or	vour de	nendents	have cover	age under a	any health	henefit nl	an?	Yes	🗌 No
00	you or	your ue	penuents	nave cover	age under a	any nearch	benefit pi	an:	163	

COVERAGE TYPE		
Comprehensive Major Medical	Other (please	provide copy of the benefit plan or schedule of benefits)
Name of Health Plan		Health Plan Phone Number
Effective Date of Prior Coverage		Termination Date
Reason for Coverage Termination		

PLAN TYPE						
Employer Sponsored	Employer Name	e		Policy/Cert. Number		
Individual	Policy/Cert. Nur	mber				
Coverage was for	Self	Spouse	Children			

Ver.113021

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#### Section 3 – Medical History

1. In the past 5 years, have you or anyone enrolling for coverage had a diagnosis of, consultation, treatment or medication for:

	YES	NO		
Brain or Nervous System				YES
Endocrine or Adrenal Disorder			Diabetes or Sugar in Urine	Diabetes or Sugar in Urine
Liver, Pancreas or Kidney			Digestive or Gastrointestinal Disorder	Digestive or Gastrointestinal Disorder
Abnormal Blood Pressure			Breast or Reproductive Organs	Breast or Reproductive Organs
Heart or Circulatory System			Autoimmune Disorders	Autoimmune Disorders
Chest Pain or Stroke			Disorders of Back or Spine	Disorders of Back or Spine
Blood Disorder			Rheumatoid Arthritis	Rheumatoid Arthritis
Lymphatic Vessels or Glands			Emphysema, Tuberculosis, Chronic	
Cirrhosis or Hepatitis			Obstructive Pulmonary Disease	Obstructive Pulmonary Disease
Leukemia or Hodgkin's Disease			Multiple Sclerosis or Cystic Fibrosis	Multiple Sclerosis or Cystic Fibrosis
Cancer (excluding Basal Cell Carcinoma)			Skin or Collagen Disease	Skin or Collagen Disease
Alcohol or Drug Abuse			Disease of the Muscles	Disease of the Muscles
Congenital Disorders			Arthritis other than rheumatoid	Arthritis other than rheumatoid
Respiratory disorders other than			Joint Disorders	Joint Disorders
Emphysema, TB and COPD			Mental/Emotional disorders	Mental/Emotional disorders

2. Within the last 5 years, has anyone enrolling for coverage been diagnosed as having or been treated for human immunodeficiency virus (HIV) infection, any other acquired immune deficiency syndrome (AIDS) or AIDS related complex (ARC) condition, significant weight loss, chronic fatigue, diarrhea, night sweats or enlarged glands?

🗌 Yes 🗌 No

3. Are you or any dependent (whether enrolling for coverage or not) currently pregnant or anticipating surgery or hospitalization, or is anyone enrolling for coverage disabled, restricted or unable to perform the normal activities of daily living and self-care?

🗌 Yes 📄 No

3a. If pregnant, please indicate due date \_\_\_\_\_

4. During the past 5 years, has anyone enrolling for coverage visited a doctor, had a medical consultation, had surgery, or been hospitalized?

🗌 Yes 🗌 No

5. Are you or any dependent enrolling for coverage currently taking medication?

🗌 Yes 🗌 No

6. For anyone enrolling for coverage, is there any existing medical condition or problem (including any undiagnosed symptoms) that has not otherwise been disclosed on this enrollment form?

□ Yes □ No If "y

If "yes" answer, provide details below.

COMPLETE INFORMATION ON ALL PAGES. SIGN AND DATE LAST PAGE.



#### Section 3 - Medical History (cont'd)

#### Complete the table below to provide details to any "YES" answer from questions 1 through 6 (above)

Use a separate sheet if additional space is needed. Sign and attach additional pages If taking medication for high blood pressure, please include your **last three** blood pressure readings

Person	Medical condition or specific reason for treatment	Dates of Treatment	Meds. & Dosages	Recovery Status	Please list any treatment, surgery or anticipated surgery for this condition

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#### Section 4 – Employee Statement and Signature

I HEREBY: Request enrollment in the self-funded Group Health Plan (Plan) established and maintained by my employer (Employer) for its eligible employees and their eligible dependents; Represent that I am an eligible employee of the Employer; Represent that my statements and answers to the questions in this enrollment form are true and complete to the best of my knowledge and belief; and Authorize the Employer to deduct any required Plan contribution from my earnings.

I FURTHER ACKNOWLEDGE AND UNDERSTAND: This is not an insured benefit plan; All Plan benefits are self-funded (self-insured) by the Employer; The Employer is solely responsible for all benefit payments; Coverage is not effective until the Plan approves this enrollment form; Plan benefits are available only if a person is covered under, and all required contributions for such coverage have been received by, the Plan; If I have waived coverage for a dependent, I also waive all claims under the Plan for benefits for that dependent, and if I decide to enroll that person at a later date, the effective date for my dependent may be delayed; A full description of the medical expense benefits under the Plan appears in the Summary Plan Description, which summarizes the official Plan Document; The agent submitting this enrollment lacks authority to change the enrollment form, approve Plan coverage, alter Plan terms, or adjust claims; Underwriting Management Experts is not responsible for funding benefit payments; My statements and answers in this enrollment form will be the basis for approving Plan coverage and any material misrepresentation or omission may result in an increase in Plan contribution rates or termination of my coverage; Any person who, knowingly and with intent to defraud, submits an enrollment form, or files a claim, containing a materially false statement, or omitting materially false information, may be found guilty of fraud in a court of law.

SPECIAL ENROLLMENT RIGHTS: If you acquire a new dependent by marriage, birth, adoption or placement for adoption, he/she may be able to enroll without delay or penalty, if you request enrollment within 31 days (of the marriage, birth, adoption or placement for adoption); If you decline enrollment for any dependent (including your spouse) because of other health plan or group insurance coverage, and that dependent subsequently becomes ineligible for the other coverage (or the employer stops contributing towards that coverage), he/she may be able to enroll without delay or penalty, if you request enrollment within 31 days of ineligibility or termination of employer contributions; If you decline enrollment for any dependent (including your spouse) because of coverage under Medicaid or a State child health plan, and that dependent's coverage is subsequently terminated due to ineligibility, he/she may be able to enroll without delay or penalty, if you request enrollment within 60 days of the termination of coverage; If you decline enrollment for any dependent (including your spouse) and that dependent subsequently becomes eligible for a premium assistance subsidy from Medicaid or a State child health plan, he/she may be able to enroll without delay or penalty, if you request enrollment within 60 days of eligibility for the subsidy. To request special enrollment contact the Employer.

**PERSONAL INFORMATION NOTICE:** As required by law, this notice is intended to inform you that 1) Personal information may be collected from third parties; 2) Such information as well as other personal or privileged information collected by the health plan or its legal representative may be in certain instances, as prescribed by law, disclosed to other third parties without your prior authorization; 3) You have the right to access and correct the collected information; 4) Your right to access does not include any information which relates to and is collected in connection with, or in reasonable anticipation of, a claim or civil or criminal proceeding; 5) We will provide a more detailed notice of information practices upon request.

AUTHORIZATION FOR RELEASE OF INFORMATION: I authorize the disclosure of all nonpublic personal information and individually identifiable protected health information for me (and my dependent(s), if applicable), including but not limited to employment status, other health plan coverage, diagnosis, prognosis, medical treatment or care, and physical or mental conditions (including alcohol or drug dependency), by any physician, medical practitioner, hospital, other medical related facility, insurance company, employer or benefit plan having such information, to the health plan or its legal representative, agent or vendor, for the purpose of processing enrollment and claims. I acknowledge and agree that this authorization shall be valid for two (2) years; that I may revoke it in writing at any time; that I may request a copy of this authorization; that enrollment, but not the processing of claims, is conditioned on my signing this authorization; that this authorization will be used as its own document, separate from the enrollment form; that a photocopy of this authorization shall be as valid as the original; that any documentation or information disclosed pursuant to this authorization may be re- disclosed and may no longer be covered by federal or state privacy laws; and that I have authority to act as the personal representative of my dependent(s) (if requesting dependent coverage).

Signature of Employee \_\_\_\_

Date \_\_\_\_\_

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Electronic copies of this enrollment card submitted via facsimile, email, or other electronic means shall be deemed an original.

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